

# Watch out for bears!

## How to avoid bear encounters



Check bear-sighting information in advance, and avoid areas where bears have been reported.



Always travel in groups of two or more; do not enter the mountains alone.



Carry a bell, whistle, or radio, and make noise as you move to alert bears to your presence.



Do not leave food scraps or food containers outside. These can attract bears to the area.



If you see a cub, never approach it.  
(The mother bear is always nearby.)

More information on bear sightings and attacks can be found here:

Nature Conservation Division, Department of Environment and Energy, Aomori Prefectural Government

